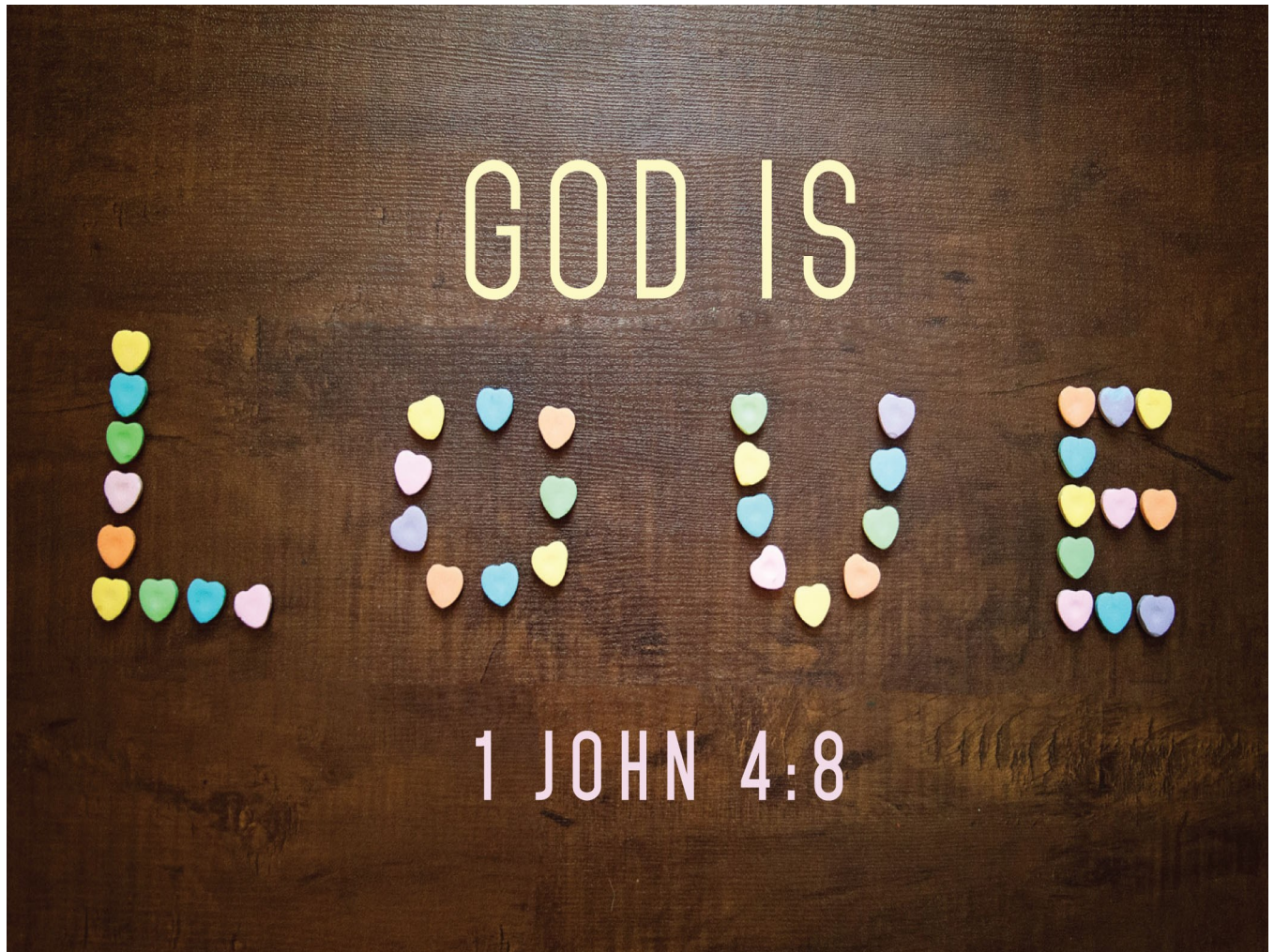


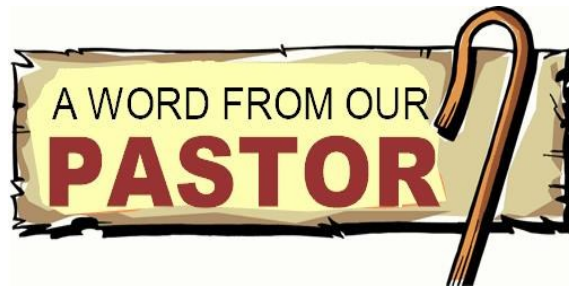


East Columbus United Methodist Church

A Church for Everyone!

February 2024





Prayer is Breathing

May the peace of God be with you always.

Sipping on a warm cup of coffee, I sit in the church sanctuary and offer my prayers. As I sit down to pray, the peace of God comes upon me. Before prayer, my heart may have been heavy, busy, or distracted, but as I begin to pray, the place becomes as comfortable as heaven.

The Lord has taught me that prayer is like the oxygen Ventilator. Just as a person who struggles to breathe and lives with shortness of breath gains deep vitality by using an oxygen Ventilator. It increases oxygen in the body, revitalizing the blood, skin, and internal organs.

Not praying is like locking oneself to a suffocating space. I remember a training exercise during my military service involving chemical warfare. Soldiers entered a small room wearing gas masks, and then chemical gas was released. Initially, wearing the gas mask provided purification, allowing proper breathing. However, as part of the exercise, we had to remove the mask and endure for about three minutes. The gas was so toxic that it made breathing almost impossible. When everyone rushed out after three minutes, faces were covered in mucus and tears. It was a gas so intense that breathing was hindered. Only after washing my face with water and inhaling fresh air did I truly feel alive.

The Bible says to us,

"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus." (1 Thessalonians 5:16-18).

Why did the Bible teach us to pray without ceasing? Because prayer is our very breath. It encourages us to pray without stopping, just like breathing. It means constantly thinking of Jesus in our hearts, examining our days in the morning and evening, and taking time to pray.

Dear brothers and sisters, let us offer oxygen to our souls through prayer. Isn't our soul confined in a room filled with toxic gas? Let's breathe in the fresh oxygen through prayer. I believe that the grace of the Lord will overflow upon us.

In the Love of Christ,

Pastor **Jongmin**



*A Note
from
Terry Snyder*

I have mentioned before that I like technology. We have tools that people 100 years ago couldn't probably dream of. Some make life more convenient, and others seem to take away from a simple life. Others seem to be steps to bad things.

A young gospel singer was making fun of people concerned about using their fingerprints to pay for things. The son of another gospel singer joined in with a sarcastic comment. I responded that although that wasn't the mark of the beast, it was another step towards it. My sister later saw it and liked my comment. A singer who had sung in this person's (the initial poster) family's group said "read your Bible" to him. My sister later noticed that both of us had been deleted as the initial poster's friends. My understanding is he deleted my comment too.

Paying online is convenient, but I don't ever see me using my fingerprint to pay (not that I think it is the mark, but I don't want people storing my fingerprint). I can't tell you the number of times that companies with my data (emails, hospitals, businesses, credit bureaus and so forth) have gotten hacked and the information stolen. No thank you.

I recently read someone mention that when they do take away cash and make everything digital, that they can wipe out everything you have in a keystroke. That certainly makes one concerned for end times. Seeing issues people have had in getting mistakes like that fixed is a wake up call enough. Although our dollar isn't valuable on its own, it is something you hold in your hand and has value according to the government.

I also saw someone recently say that people need to get physical copies of Bibles because ones online could have their contents changed. Although I don't see that happening now, it did make me think about how in the end times they could "rewrite" the Bible with some keystrokes, and all of those who read the digital copies may not be getting the true Word of God.

Then we move on to A.I. (Artificial intelligence). I haven't messed with it much. I have seen some peoples' attempts using it, and some aren't bad, but some are a mess and inaccurate. I have also heard that with it they can make fake videos and audio recordings where it appears someone did or said something that they didn't. I know there are experts who at one time could tell fake photos from real, but I don't know if anyone can or not.

I want to reiterate that I am not against technology, nor am I saying that these things are happening yet, or will soon. But, the technology is there or getting there. It is a wake up call to be on guard and ready. The devil is like a roaring lion seeking whom he may devour, Help us to keep our eyes on God, and ready!

HOOSIER TRAILS COUNCIL

Troop 549



February 3-4 Scout Sunday

February 24 Scout Merit Badge Day

January 19-22 was the 30th anniversary of the Winter Rendezvous at Maumee Scout Camp. They had a lot of activities planned. Our troop ran the obstacle course again this year. It consisted of log crossings, carrying back packs, paddles, and a canoe through the woods on a zig zag course. Then cutting a log with a two man crosscut saw. There were fire starting challenges, small rifle shooting, shotgun shooting and black powder shooting. They had a wild game feast for supper. The weather was really cold. With the new scouts that have never camped in the winter, they learned a lot about how to layer to keep warm.

February 3-4 is Scout Sunday. On Saturday the troop will be going to Perfect North Slopes to go inner tubing. This should be a fun event. We did not get to go last year. This is also going to be a new adventure for a lot of the new boys. There should be a lot of smiles and laughs. Sunday the troop will help with the running of the church service.

February 24 is the annual Merit Badge Day. This is a great opportunity for the boys to earn some Eagle required merit badges and some fun ones too. This is just a day event.

If you know anyone that is interested in scouting the door is always open for their visit on our scout nights. Please feel free to pass my contact information to anyone interested in visiting or joining our troop. Boys ages need to be 11 years old to join and less than 18. Meeting time Thursday is at 6:30 – 8:00 at the Youth Center.

Bruce McIntosh, Scoutmaster

812-374-9009

brucemcintoshbsa@yahoo.com



I can't find your heart!

One day a man went to see his doctor for a regular checkup. They chatted as the patient's vitals were being taken.

The doctor asked the patient to hop up onto the table to continue the examination.

The doctor listened to his lungs and other organs finally moving to listen to his heart.

As the doctor listened, a strange look came upon his face. He pressed a bit harder on the stethoscope and the patient could tell he was listening even more closely to his heart. The patient became a bit concerned and when the doctor had finished the exam, the patient asked, "What's the verdict, Doc? What's wrong with my heart?"

The doctor looked at him really intensely and said, "I am having a hard time finding your heart!"

The patient laughed and said, "Oh? Is that all? I can explain that one to you."

The doctor, still puzzled, said, "I can't wait to hear this ... "

The patient smiled and replied, "I gave my heart to Jesus since we last met! He's keeping watch over my heart, soul and body until I join Him in heaven!"

The doctor, still puzzled, said, "Oh, I see."

The patient continued his witnessing and told his doctor that since he gave his life to Jesus his heart has never felt lighter, he was sleeping better than in years and the little pains of life no longer bothered him like before.

With tears in his eyes, the doctor quietly asked, "How do I get what you've got?"

This Valentine's Day, give your heart to Jesus ... I can promise He will take extra good care of it for you!

Happy Valentine's Day to all Timothy

february

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 6:30pm-Scouts	2 Groundhog Day	3 10am-3pm District Workshop
4 Communion Scout Sunday 9am- Worship 10:10 Sunday School	5	6 10-11am Prayer Time	7 6pm-Choir	8 5:30pm-Trustee Meeting 6:30pm-Scouts	9	10
11 5pm-Grace's Table 9am- Worship 10:10 Sunday School	12	13 10-11am Prayer Time	14 Valentine's Day 5pm-Ash Wed. Service 6pm- Choir	15 6:30pm-Scouts	16	17
18 9am- Worship 10:10 Sunday School	19 BCSC No School	20 10-11am Prayer Time	21 6pm-Choir	22 6:30pm-Scouts	23	24
25 9am- Worship 10:10 Sunday School	26	27 10-11am Prayer Time	28 6pm-Choir	29 6:30pm-Scouts		



- Feb. 7..Debra Davis
- Feb. 8..Mike Mattern
- Feb. 10..Betty Schaefer
- Feb. 11..Bob Brown
- Feb.14.. Gerald Walker
- Feb. 18..Rob Murphy
- Feb. 21..Kathy Henry
- Feb. 22..Karen Neptune
- Feb. 24..Karen Miller
- Feb. 28..Bob Fear
Amanda Jo (AJ) Henry

News



From the Mail Box...

Here's what's happening!

JOIN THE SOUTHEAST DISTRICT
FEBRUARY 3, 2024

WORSHIP & PREACHING RECONSIDERED

SPECIAL GUEST
REV. DR. DEREK WEBER

FEATURING
 DEFINING WORSHIP & PREACHING
 ELEMENTS OF WORSHIP
 WORSHIP IN THE COMMUNITY

COLUMBUS EAST UMC
 10AM-3PM
 LUNCH SERVED

Hosted by East Columbus UMC
 2439 Indiana Avenue, Columbus

Scout Sunday is Sunday, February 4.

“Worship & Preaching Reconsidered” District Workshop - held at the Church, Saturday, February 3, 10am-3pm. Register online at www.inumc.org/districts/southeast-district click the “Events” tab for the list of events or Contact the church office starting on Monday, January 29th . Lunch will be provided.

Grace’s Table Dinner Church, Sunday, February 11, at 5:00 pm in the Youth Center.

Ash Wednesday Service is Wednesday, February 14, 5pm at the Church.

Every Tuesday from 10am to 11am the Sanctuary will be open for anyone to come in for prayer time. The Elevator Door and both Glass Doors near the office will be unlocked during that time.

Bible Quiz



First Corinthians 13 is a popular Scripture reading at wedding ceremonies. The so-called “love chapter” provides an extended definition of what Paul calls “the greatest” gift (verse 13). Which of the following characteristics of love isn’t found in 1 Corinthians 13)?

- A Love is patient.
- B. Love rejoices in the truth.
- C. Love believes all things.
- D. Love is childlike.

Answer: D



In Memory of
 Oran Foley
 Who went home to his
 Heavenly Father
 January 4, 2024

Our condolences to the Foley family at the passing of Loved one, Oran Foley.

Ash Wednesday prayer

Merciful God, you called us forth from the dust of the earth; you claimed us for Christ in the waters of baptism. Look upon us as we enter these Forty Days bearing the mark of ashes, and bless our journey through the desert of Lent to the font of rebirth. May our fasting be hunger for justice; our alms , a making of peace; our prayer, the chant of humble and grateful hearts.



Household Blessings and Prayers



East Columbus United Methodist Church
2439 Indiana Avenue, Columbus IN 47201

Return Service Requested

Jongmin Lee, Senior Minister
Angie Sherfick, Adm. Assistant
Terry Snyder, Music Director

Church Office: 812.376.7418

Church Office Email: office@eastcolumbusumc.org

Pastor Email: jongmin.lee@inumc.org

Worship Director Email: music@eastcolumbusumc.org

Church Website: www.eastcolumbusumc.org

9:00am-Worship Service

10:10am- Sunday School

OUR CHURCH MISSION

**Growing the Family of God by Making
Loving Disciples of Jesus Christ.**